



Enhancement and Extra Curricular Programme Autumn Term 2021



Below are the details of all the extra-curricular activities running at the College this Autumn term. Please take this opportunity to get active, get creative or to try something new. There are some brand new clubs on offer, please read the list carefully.

See the member of staff in charge of any activity you are interested in for more details.

MONDAY

Activity	Time	Years	Location	Staff Member in Charge
Dyslexia Intervention – Invite Only	8:35am – 8:55am	7, 8, 9, 10, 11	Physio Room	M Stace
Lego Club – Invite Only	1:15pm – 2pm	7, 8, 9, 10, 11	C3	S Lale
Fitness, Health & Well-being Girls Fitness Suite Starts after October ½ term	1.15pm - 1.45pm	7-9	HCC Fitness Suite / PE4	Sports Prefects MFI
Girls Futsal (indoor football)	1.15pm - 1.45pm	All	Sports Hall	A Meyer Academy Leaders
Get Active Gym* (See LED for details)	3pm – 4pm	11-15 years	LED gym	LED instructors
Teen Circuits* (See LED for details)	3:15pm – 4pm	11-15 years	LED gym	LED instructors
Sixth Form Sports Academy	3pm – 4pm	12-13	HCC Fitness Suite / Gym / Dance Studio	T Skelding

TUESDAY

Activity	Time	Years	Location	Staff Member in Charge
Dyslexia Intervention – Invite Only	8:35am – 8:55am	7, 8, 9, 10, 11	Physio Room	M Stace
Homework Club	3pm – 3:30pm	7, 8, 9, 10, 11	LS2	TA
Table Tennis Club – Invite Only	1:15pm – 2pm	7, 8, 9, 10, 11	Gym	L Lane
Jewellery and Body Adornment Increase confidence in the workshop. Developing intricate design skills and working with a range of new and different materials including plastics and metals.	3:15pm – 4:15pm	7, 8, 9	C1	B Dupre S Teed
Choir	1:15pm – 2pm	7, 8, 9, 10, 11	MU1	J Kidd S Ryan
Badminton	1.15pm - 1.45pm	7, 8, 9, 10, 11	Sports Hall	E Leach
Netball	3pm – 4pm	10-13	LED courts	P Salter
Netball Academy STARTS SPRING TERM 2022	3pm – 4pm	Academy students (by invitation only) 10-13	LED Courts	P Salter
Rugby Academy	3pm – 4pm	Academy students (by invitation only) 10-11	Fitness Suite / College Field	T Skelding
Get Active Gym* (See LED for details)	3pm – 4pm	11-15 years	LED gym	LED instructors

WEDNESDAY

Activity	Time	Years	Location	Staff Member in Charge
Dyslexia Intervention – Invite Only	8:35am – 8:55am	7, 8, 9, 10, 11	Physio Room	M Stace
Jazz Band	3pm – 4pm	7, 8, 9, 10, 11	MU1	J Kidd
Art Club For students who want to explore art materials, processes and ideas outside of lessons, work on new projects and/or have more time and space to complete Art home learning assignments. Welcome to the Art Studio!	3pm – 4:10pm	7, 8, 9	C6	K Blockley
GCSE Art For GCSE Art students who'd like time in the studio to create art work, practise skills, develop their sketchbooks, get support with coursework or just have time and space to complete home learning assignments.	3pm – 4:15pm	10 & 11	C5	K Blockley D Creed
Dance Club	1.15pm - 1.45pm	7, 8, 9	Dance Studio	Year 10 Dance Leaders A Taylor
Fitness, Health & Well-being Boys Fitness Suite Starts after October ½ term	1.15pm - 1.45pm	7, 8, 9	HCC Fitness Suite / PE4	Sports Prefects MFI
Table tennis	1.15pm - 1.45pm	7, 8, 9, 10, 11, 12, 13	Gym	A Taylor L Lane
Netball	3pm - 4:15pm	7, 8, 9	LED courts	H Bown A Meyer
Get Active Gym* (See LED for details)	3pm – 4pm	11-15 years	LED gym	LED instructors

THURSDAY

Activity	Time	Years	Location	Staff Member in Charge
Dyslexia Intervention – Invite Only	8:35am – 8:55am	7, 8, 9, 10, 11	Physio Room	M Stace
Homework Club	3pm – 3:30pm	7, 8, 9, 10, 11	LS2	TA
Music Technology Club	1:15pm – 2pm	7, 8, 9, 10, 11	MU2	J Kidd
Phone Photography Club To improve knowledge, skills and understanding of creative controls possible in phone photography.	3pm – 4:10pm	7, 8, 9	C3	M Jefferies K Robinson
Amnesty International Club A chance for students to learn and get involved with Amnesty International’s Human Rights campaigns.	1:20pm – 1:50pm	KS3 / KS4	PE2	I Stacpoole
Drama Club (Week A) An opportunity for students to develop their skills through a range of drama activities	1:30pm – 1:55pm	KS3	Drama Hall	M Culwick
Sewing Club Learn new sewing skills under the expert guidance of Mrs Voysey. Suitable for all abilities.	3pm – 4:15pm	7, 8, 9, 10, 11	C2	Mrs Voysey K Blockley
Strength and Conditioning Netball / Multi-sports	1.15pm - 1.45pm	Academy students (by invitation only)	HCC Fitness Suite	E Leach
Boys Futsal (indoor football)	1.15pm - 1.45pm	7, 8, 9	Sports Hall	A Taylor NRI
Exeter Chiefs Rugby (Boys)	1.15pm - 1.45pm	7, 8, 9	College Field	Exeter Chiefs Community Coach T Skelding
Exeter Chiefs Rugby (Girls)	3pm – 4pm	7, 8, 9, 10, 11	College Field	Exeter Chiefs Community Coach
Get Active Gym* (See LED for details)	3pm – 4pm	11-15 years	LED gym	LED instructors
Football Academy STARTS SPRING TERM 2022	3pm – 4:15pm	Academy (by invitation only)	Field / HCC Fitness Suite	A Taylor

FRIDAY

Activity	Time	Years	Location	Staff Member in Charge
Dyslexia Intervention – Invite Only	8:35am – 8:55am	7, 8, 9, 10, 11	Physio Room	M Stace
Debate Club Opportunities for students to develop their spoken oracy skills; Platform for students to express their opinions, listen to others, develop their understanding on a range of topics.	1:35pm – 2pm	7, 8, 9, 10, 11	MFL – L3	S Marzougui
Sports Leadership & A level/GCSE/BTEC revision/ D of E evidence logging	1.15pm - 1.45pm	Relevant students	PE4 / PE1	A Taylor A Meyer P Salter
Get Active Gym* (See LED for details)	3pm – 4pm	11-15 years	LED gym	LED instructors




Coming up this year:

In Spring there will be a Shakespeare production - KS4 / KS5

In Summer there will be a Musical - KS3 / KS4 / KS5

Details of these will be available during the year.

Rehearsals for these take place after College and at weekends.



Get Active Gym is available as follows;

*** GET ACTIVE GYM (Age 11-15 years) COSTS:**

Non-members: Induction £16. Per session £4.40

Unlimited members: Free Induction and sessions

Age 11-13: Can use the CV machines only, no weights

Age 14-15: Can use the CV machines & resistance machines*

Age 16+: Can use the CV machines, resistance machines* & free weights*

*Inductions required on Resistance Machines and Free Weights

Session times:

Monday-Friday: 11-15yrs 3-4pm

Saturday and Sunday 11-15yrs 10-11am

14 and 15 year olds that have had their 14+ induction can also attend the Gym outside of the set Get Active Gym sessions provided they are accompanied by a responsible adult (over the age of 18). The responsible adult must have had a gym induction and book and pay for their own workout (fee dependant on their membership). On arrival for each session the responsible adult will need to complete a 'Get Active' form on the reception i-pad and the teen will then need to be booked in and pay for their session (fee dependant on their membership).

Induction times are by booked appointment – please contact reception to arrange.

Those that have just turned 16 that have been attending Get Active Gym sessions will need an induction on the use of Free Weights. Once this is done they will be authorised to attend Gym Sessions at anytime as well as being able to participate in adult group exercise classes.

LED Unlimited Membership:

Under 16 Unlimited £26.75 per month payable by direct debit. £5 joining fee and initial pro rata payment for rest of month required.

16+ Student £29.81 per month payable by direct debit. £10 joining fee and initial pro rat payment for rest of month required.

Memberships are on a rolling contract and can be cancelled at any time with a minimum of 30 days notice.

